



## Saxilby & Ingleby Good Neighbours Scheme (S.I.G.N.S)

Great news, by the time you read this piece the Saxilby & Ingleby Good Neighbour Scheme will be up and running. If you wish to use the scheme this is the telephone numbers we can be contacted on:

01522 275015

You may also contact us by email: [info@signs-gns.org.uk](mailto:info@signs-gns.org.uk)

You can find more information at our website [www.signs-gns.org.uk](http://www.signs-gns.org.uk)

Our volunteers can provide help for anyone in our community who needs occasional assistance because of age, health, disability or similar reasons. For example:

- providing company and assistance for those who maybe housebound
- carrying out light tasks around the home and garden
- doing shopping and errands such as fetching prescriptions & library books
- providing a break for a full-time carer
- and many other things that good neighbours do for each other.

A reminder, we are not an emergency service or a replacement for paid labour, our purpose is to provide help just as good neighbours do.

We will be holding a regular Saturday Coffee Morning at the Methodist Church Hall on the second Saturday of the month. The first one will be on Saturday June 9<sup>th</sup> 10:00am until 11:30am. Why not drop-in and find out more about the Good Neighbours Scheme.

Another date for your diary is Saturday July 21<sup>st</sup>, Sue & David Ford are holding an afternoon Strawberry Tea event in their lovely garden at Walnut House in the High Street and this year the proceeds from the afternoon will be shared equally between the Good Neighbours Scheme and Trent Valley Surgery Patient Participation Group.

Finally if you could offer us a little bit of time and support either as either a Volunteer or Friend please contact us or come along to one of our events.

David Greenop

On behalf of the S.I.G.N.S Co-ordinator Group

Telephone: [REDACTED] or by email: [co-ordinator@signs-gns.org.uk](mailto:co-ordinator@signs-gns.org.uk)

